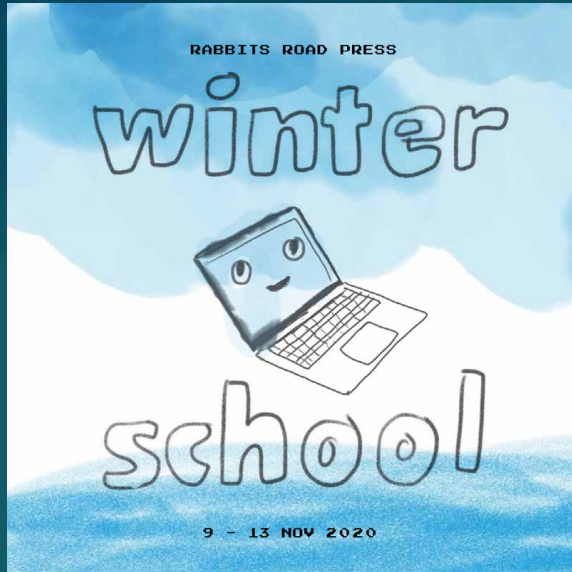


*Rabbits Road Press*

2020



RABBITS  
ROAD  
PRESS

2020

*Winter School*

1.

# GETTING STARTED:

This one week alternative art school is designed to support people at any stage in their creative journey.

For Winter School we asked participants to focus on completing a piece of artwork that they had been putting off. Each attendee was advised to dedicate a minimum of 2 hours each day to completing their work ("something that can be finished in 10 hours, keep it real") and on Friday everyone will share what they have done (amongst the class only)

The school is run by artists and educators Sofia Niazi, Rosalie Schweiker and Lisa Rahman.

To create an encouraging environment, there is an optional schedule that participants can use to help them create a routine including:

- + A selected piece of audio will be uploaded/shared daily at 8am
- + Facilitated coffee + stretch club on Zoom from 10-11am
- + 1:1 tutorial with Art Director Lisa Rahman
- + Class review on Friday (in Gdocs) from 6-9pm where the group can see what people have done and add comments
- + Ongoing telegram chats, stickers and check-ins

The **INTRO:**



Why are you here?



- project  
summary

- class  
list

- 8hrs

# HOUSE RULES:

2.

OWN YOUR  
WORDS +  
ACTIONS



TAKE CARE



OF YOUR  
OWN NEEDS



IMMACULATE HEARTY COLLEGE ART DEPARTMENT RULES

Rule 1 ENVA MAKE YOU TRUST AND THEN TRY TRUSTING IT FOR A WHILE.

Rule 2 GENERAL DUTIES OF A STUDENT: PULL EVERYTHING OUT OF YOUR TEACHER.

Rule 3 GENERAL DUTIES OF A TEACHER: PULL EVERYTHING OUT OF YOUR STUDENTS.

Rule 4 BE SELF DISCIPLINED. THIS MEANS FINDING SOMEONE WISE OR SMART AND TO BE SELF-DISCIPLINED IS TO FOLLOW IN A GOOD WAY.

Rule 5 NOTHING IS A MISTAKE. THERE'S NO WIN AND NO FAIL. THERE'S ONLY MAKE.

Rule 6 Rule 7 The only rule is work. IF YOU WORK YOU WILL LEAD TO SOMETHING. IT'S THE PEOPLE WHO DO ALL OF THE WORK ALL THE TIME WHO ESSENTIALLY OWE ON TO THINGS.

Rule 8 DON'T TRY TO CREATE AND ANALYZE AT THE SAME TIME. THEY'RE DIFFERENT PROCESSES.

Rule 9 BE HAPPY WHENEVER YOU CAN MANAGE IT. ENJOY YOURSELF. IT'S LIGHTER THAN YOU THINK.

Rule 10 WE'RE BREAKING ALL OF THE RULES EVEN OUR OWN RULES AND HERE TO THE 100 THAT BY LEAVING PLENTY OF ROOM FOR YOUR QUANTITIES. JOHN CAGE.

HELPFUL HINTS ALWAYS BE AROUND. COME OR GO TO EVERYTHING. ALWAYS TO YOU JASSES. BECAUSE ANYTHING YOU CAN GET YOUR HANDS ON LOOK AT IT. HOWEVER, SAFETY FIRST. OFTEN, TAKE EVERYTHING IT MEANS. THERE SHOULD BE NEW RULES NEXT WEEK.

PRACTICE NOT  
PERFECTION



CUTE  
TIMES

DARK  
TIMES

∞  
GROWTH

IMMACULATE HEART COLLEGE ART DEPARTMENT RULES

- Rule 1 FIND A PLACE YOU TRUST AND THEN TRY TRUSTING IT FOR A WHILE.
- Rule 2 GENERAL DUTIES OF A STUDENT: PULL EVERYTHING OUT OF YOUR TEACHER. PULL EVERYTHING OUT OF YOUR FELLOW STUDENTS.
- Rule 3 GENERAL DUTIES OF A TEACHER: PULL EVERYTHING OUT OF YOUR STUDENTS.
- Rule 4 CONSIDER EVERYTHING AN EXPERIMENT.
- Rule 5 BE SELF DISCIPLINED. THIS MEANS FINDING SOMEONE WISE OR SMART AND CHOOSING TO FOLLOW THEM.  
TO BE DISCIPLINED IS TO FOLLOW IN A GOOD WAY.  
TO BE SELF DISCIPLINED IS TO FOLLOW IN A BETTER WAY.
- Rule 6 NOTHING IS A MISTAKE. THERE'S NO WIN AND NO FAIL. THERE'S ONLY MAKE.
- Rule 7 The only rule is work.  
IF YOU WORK IT WILL LEAD TO SOMETHING.  
IT'S THE PEOPLE WHO DO ALL OF THE WORK ALL THE TIME WHO EVENTUALLY CATCH ON TO THINGS.
- Rule 8 DONT TRY TO CREATE AND ANALYSE AT THE SAME TIME. THEY'RE DIFFERENT PROCESSES.
- Rule 9 BE HAPPY WHENEVER YOU CAN MANAGE IT. ENJOY YOURSELF. IT'S LIGHTER THAN YOU THINK.
- Rule 10 "WE'RE BREAKING ALL OF THE RULES. EVEN OUR OWN RULES. AND HOW DO WE DO THAT? BY LEAVING PLENTY OF ROOM FOR X QUANTITIES." JOHN CAGE

HELPFUL HINTS: ALWAYS BE AROUND. COME OR GO TO EVERYTHING. ALWAYS GO TO CLASSES. READ ANYTHING YOU CAN GET YOUR HANDS ON. LOOK AT MOVIES CAREFULLY OFTEN. SAVE EVERYTHING-IT MIGHT COME IN HANDY LATER.  
THERE SHOULD BE NEW RULES NEXT WEEK.

SISTER  
CORITA  
KENT

Immaculate  
Heart  
College  
Art Dept.  
Rules

Rabbits Road Press  
Online/Offline School is...

**“...a mutual learning  
space to make without  
expectation and to  
remind you the joy in  
making because it feels  
good to do so”**

Winter School 2020 Admin

okay.  
okay.  
okay.



it WILL be  
okay.

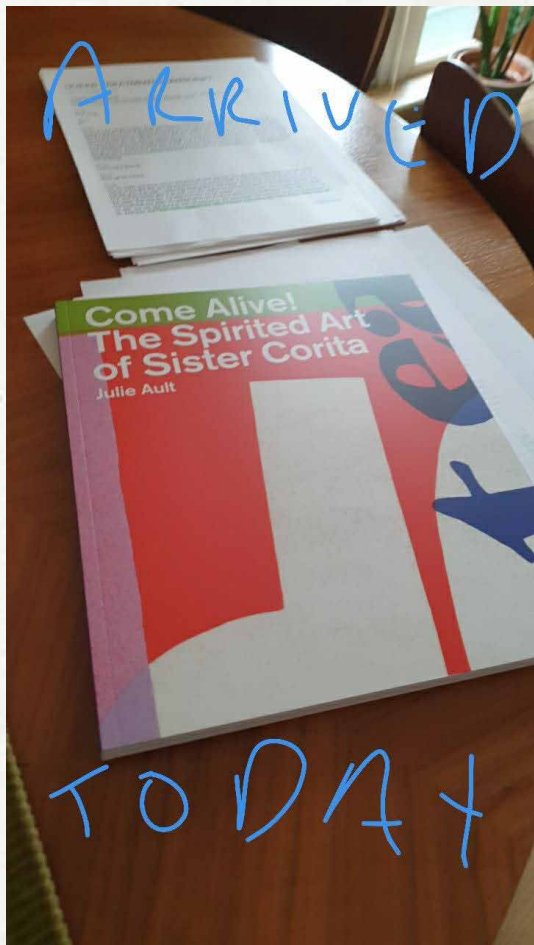
it WILL be  
okay.

Repeating this mantra from artwork made by Aleesha Nandhra

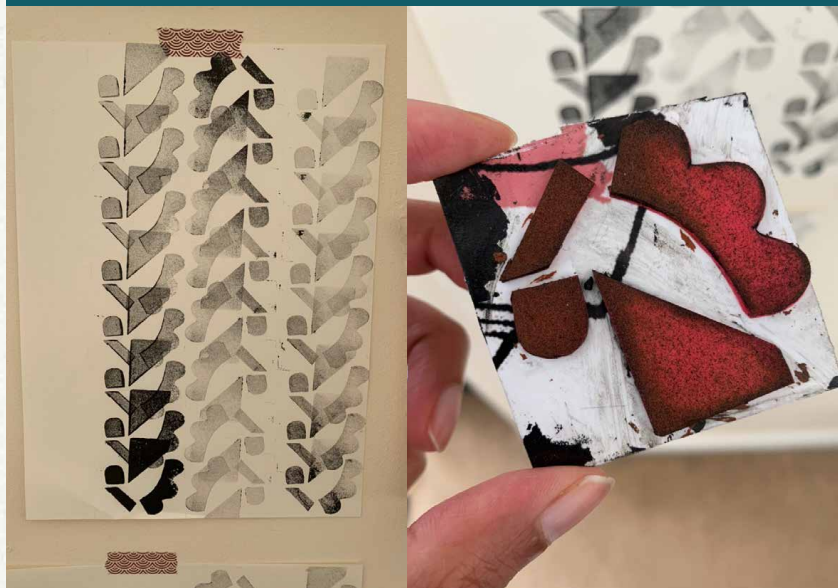


# 3. TELEGRAM CHAT:





What question  
would you like  
to be asked  
about your work?





I took some video of the sea so you could all hear the waves but it was a bit too windy, so here's some beach instead 15:30

AA

Meghan Darby  
Wow!! 15:32

MD

Dee Norain  
Andrea Allan  
Photo  
Epic view 🤩 15:39

Andrea Allan  
Photo  
What a dream 💙 15:42 ✓✓

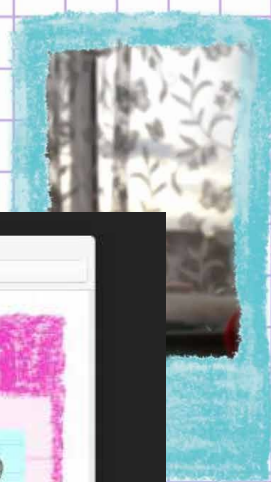
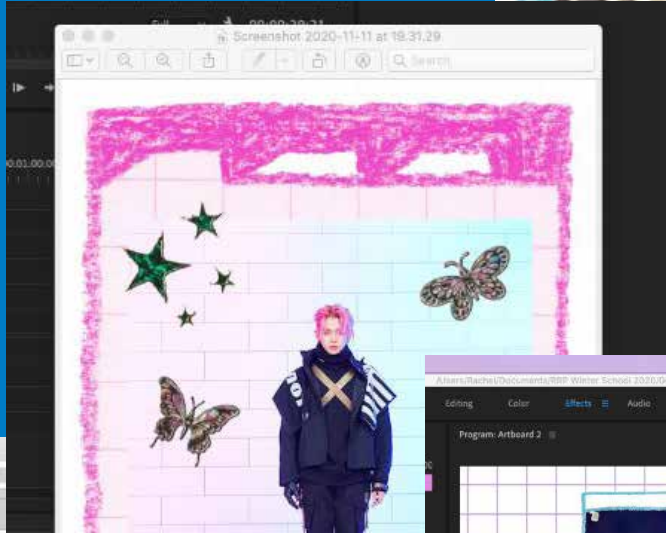


connecting to nature

Message

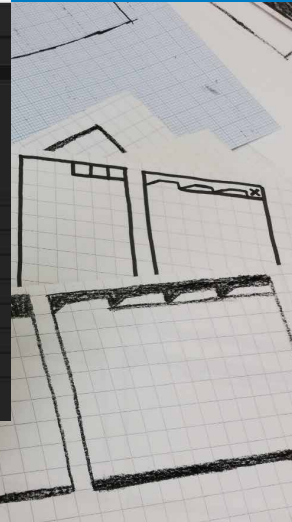
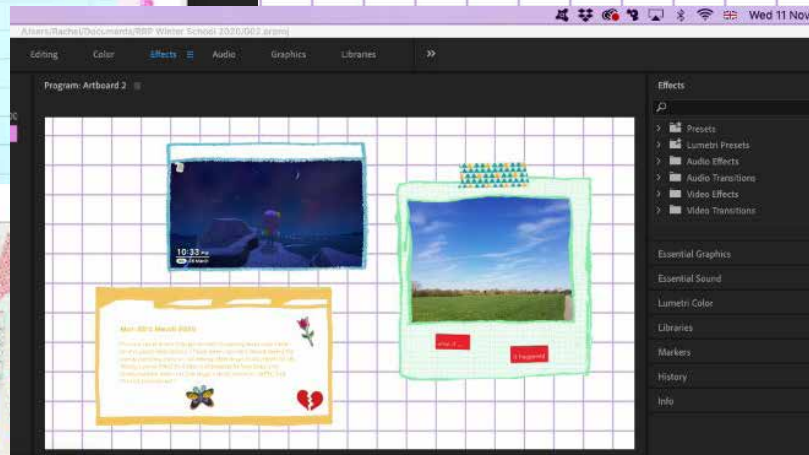
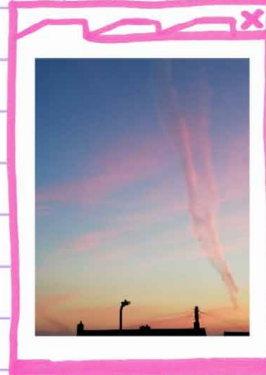


Work in progress...



안녕하세요 - HELLO (POLITE) ★ ★ ★  
 안녕 - HELLO (CASUAL) ★ ★ ★  
 저는 레이첼입니다 - I'm RACHEL (MOST POLITE)  
 제 이름은 레이첼입니다 - My NAME IS RACHEL (MOST POLITE)

"My motivation to do stuff goes up & down—often peaking at times where I can't act on it, so nothing gets done... But that's okay. These aren't times where we have to or should be expected to be productive."





8 AM

4.

SOUND  
BITE

and

10 AM



5.

ZOOM

# The SLOW GOODBYE





Can you show  
us something  
joyful  
in your home?



Keep it cute  
Keep it real



Rabbits Road Press  
Online/Offline School:

**“The morning  
zoom calls were  
enjoyable, easy going,  
everyone was friendly...  
and I got to meet a  
group full of talented  
and kind people”**

Winter School 2020 Attendee

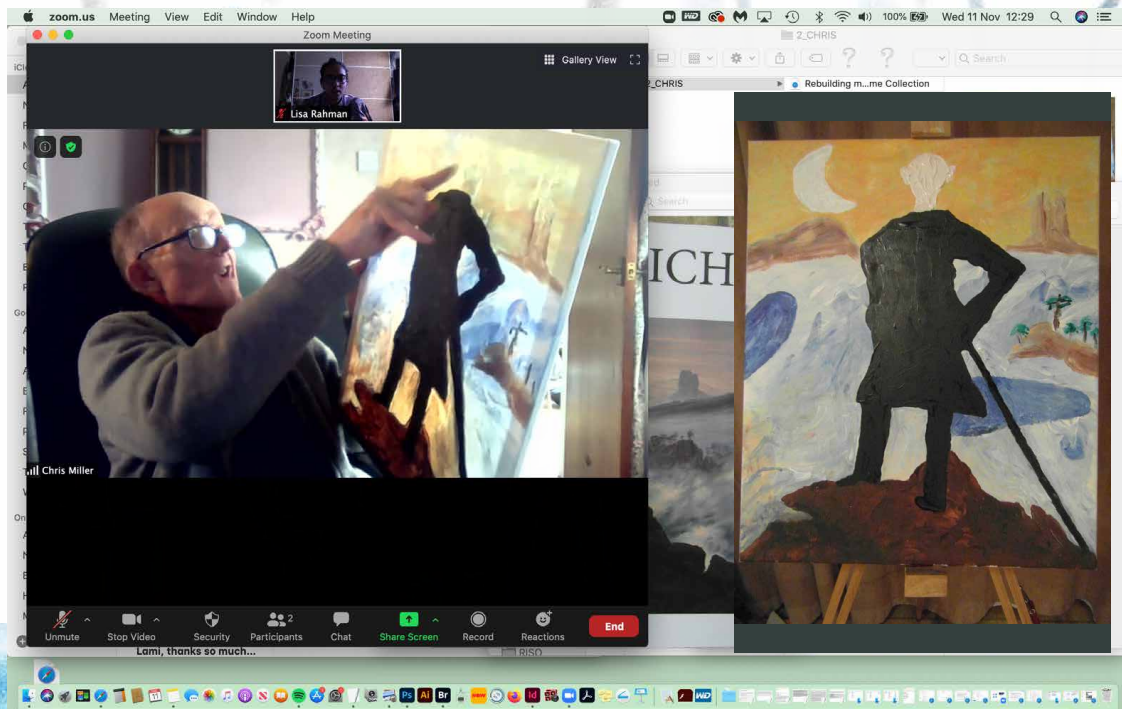




# TUTORIALS:

6.

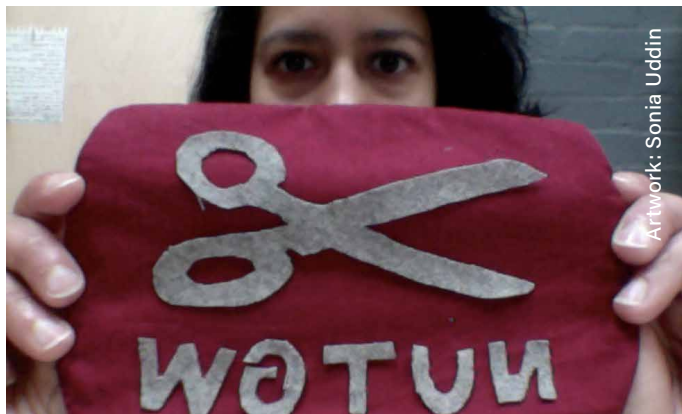
→ How is it going?





What has  
inspired you  
this week ?

 Google Meet



Artwork: Sonia Uddin

Zoom Meeting



Artworld: Rachel Littlewood

casual desk chat

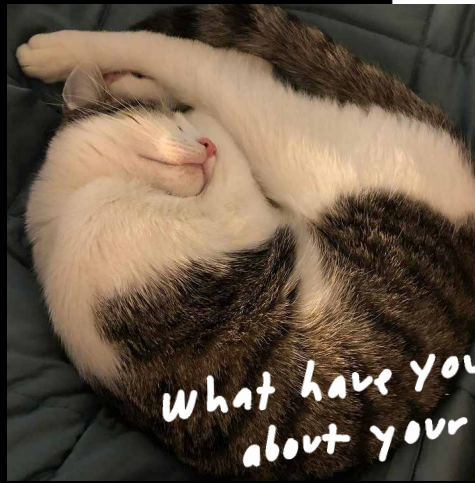
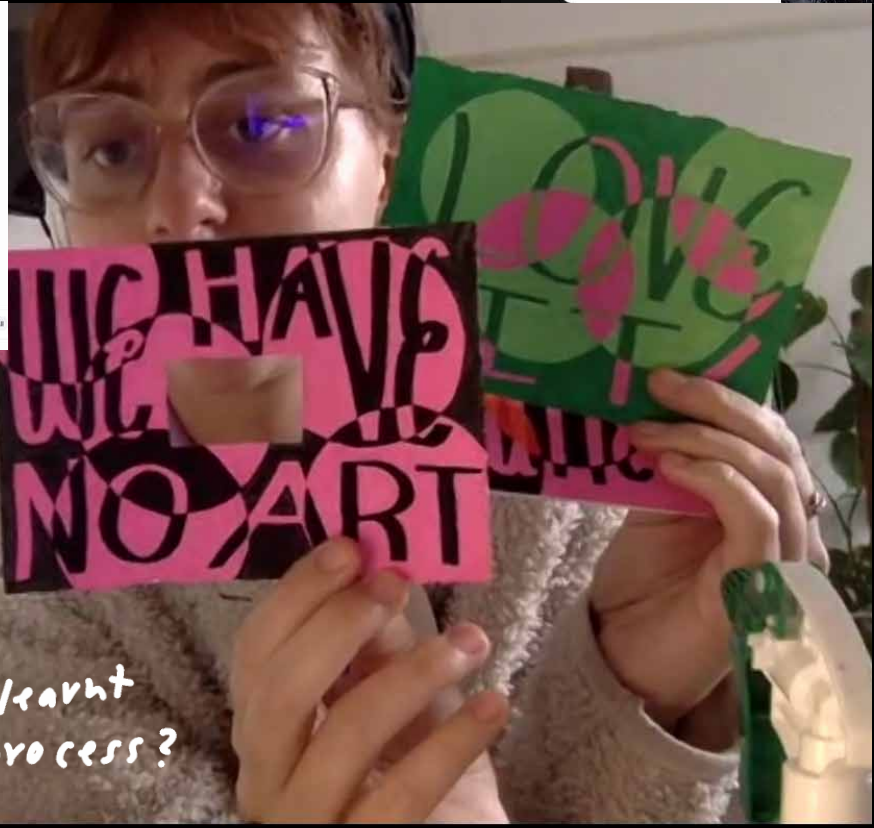
Etta is presenting....



Participants (2)

- Lisa Rahman (Host, me)
- Etta Voorsanger-Brill

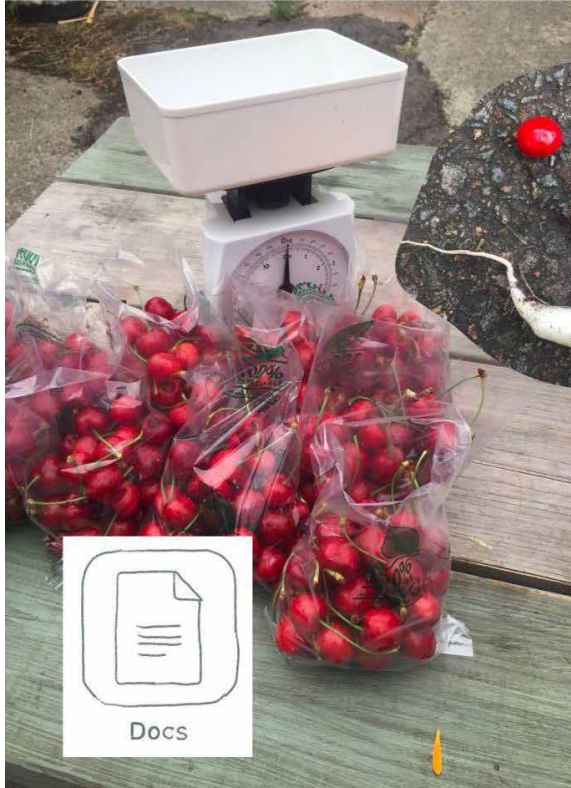
Invite Mute All Unmute All



What have you learnt about your process?

# FRIDAY REVIEW:

7.

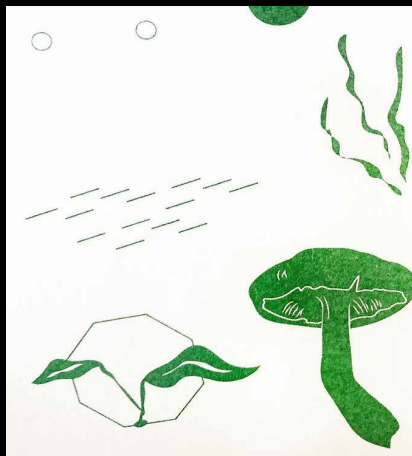
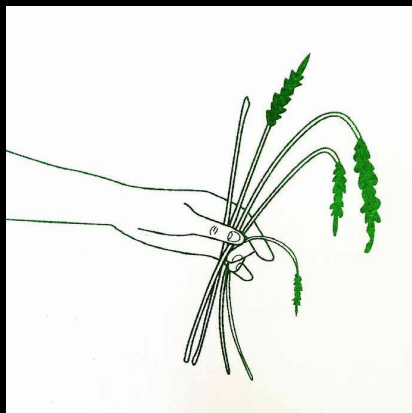
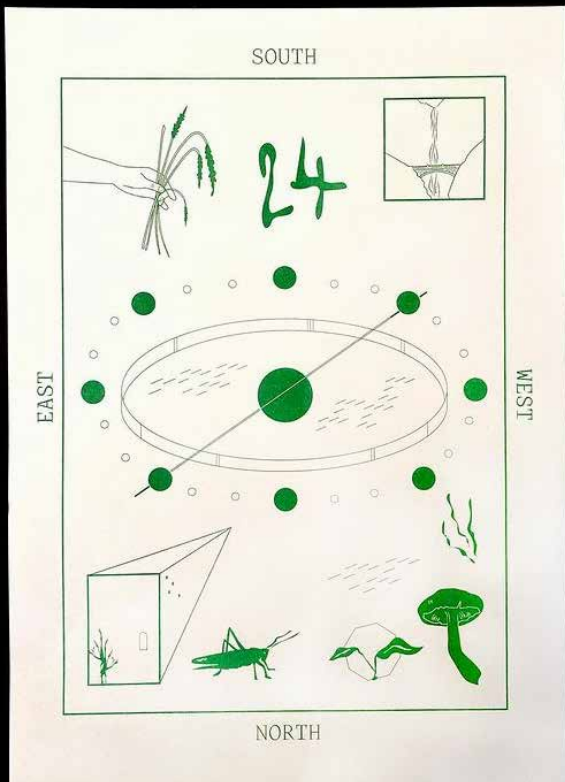


post your  
work til 6pm,  
Friday

lll

We will be on the  
google doc from  
6pm - 12pm to see  
what you have made  
and comment.

# The WORK



Friday Review

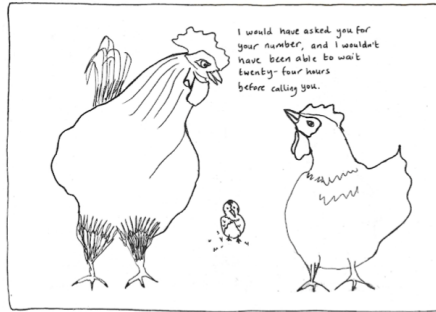
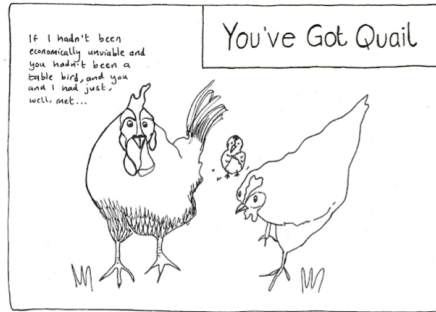
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100% Normal text Arial 18 B I U A

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20

Artwork: Sofia Niazi

and COMMENTS



FRIENDLY FEEDBACK

Andree All... 18:05 13 Nov

These feel quite cathartic, I don't know if its the simplicity of the shapes but i find them quite relaxing

Show all 6 replies

R Rabbits Road 19:21 13 Nov

Thank you! Rachel- yes it's the rug gun, it's kinda bazerk :D, trying to get a grip and not overthink things.

Rachel Littlewood 23:56 13 Nov

LoL, I kind of love that the rug gun has the control and you just have to let it do what it wants to? :)

Meghan Darby 13:47 14 Nov

Sofia, I love the shapes and textures that are happening here! The use of the dark and light together works so well. Gorgeous work! The tufting gun sounds chaotic, I bought one last year but haven't given it a go yet but definitely feeling inspired to!

Rabbits Road Press  
Online/Offline School:

**“What I took away from the week, wasn’t remotely what I was expecting. I was set on being productive and finishing a specific illustration project. Eventually I let go of the pressure I was putting on myself and the ideas I had about what I was ‘good’ at.”**

Winter School 2020 Attendee





*Winter School 2020*

Graphic Design: Lisa Rahman, Illustration: Rosalie Schweiker,  
Intro Text: Sofia Niazi